

Weltklasse Zurich 2009 • Biographical Summaries • Women

Women's 1500 Metres

20:50



2009 World Best: 3:56.55 Maryam Jamal BRN Rome 10 Jul 09

		Age	(Days)	Born	Season's Best	Personal Best
1,	JELAGAT Irene KEN 2006 World Junior Champion at 1500m ... 200 pb: 2:02.99 -06 (2:04.48 -09). 1 WJC 2006; 5 African Champs 2008; ht OLY 2008; ht WCH 2009. Coach-Patrick Sang In 2009: 5 Dakar 800; 8 Rabat; 2 Nijmegen 800; 12 Hengelo; 9 Rome Golden League; 1 Kenyan World Trials; 13ht WCH	20y	260d	1988	4:05.11	4:04.59 -08
2,	CHOJECKA Lidia POL Twice Olympic finalist at 1500m: fifth in Sydney & sixth in Athens 3000 pb: 8:31.69 -02. 5000 pb: 15:04.88 -02. 800 pb: 1:59.97 -99 (2:03.54 -09). 1 EJC 1500 95; 5 WJC 1500 96 (94-7); 3 WIC 1500 97/99 (2003-ht); 3 WSG 1500 97; 1 under-23 ECH 1500 99 (97-2); 5 OLY 1500 2000 (2004-6, 2008-ht); 5 WCH 1500 2001 (99-9, 2007-10, 2009 -7); 2 ECP 1500 2002; 1 EIC 3000 2005/2007 (2000-2); 3 WIC 3000 2006; 5 ECH 1500 2006 (2002-9, 98-6); 2 WCP 3000 2006; 1 EIC 1500 2007 (98-2, 2009-7); 1 ECP 3000 2008 (99/2004/2007-2, 2002-3); 6 ETCh 1500 2009. At EXC: 2002-13. 1 Polish 1500 2002 & 10,000 2007 ... her partner Jean-Marc Leandro is Gabon record holder at 1500m, 3000m & Marathon ... coach-Zbigniew Król In 2009: 1 Polish indoor 1500 (3 800); 7 EIC 1500; 14 Hengelo 1500; 5 Warsaw 1500; 8 Bydgoszcz 800; 6 ETCh 1500; 3 Tomblaine 1500; 8 Lausanne 1500; 8 Rome Golden League 1500; 12 Monaco 1500; 4 Polish 800; 7 WCH 1500	32y	215d	1977	4:04.83	3:59.22 -00
3,	KIBIWOTT Viola KEN Winner of three world junior titles in 2001/2002 ... 5000 pb: 14:51.59 -08. 800 pb: 2:04.99 -07. 1 WJC 2002; 7 COM 2006; ht OLY 2008; sf WCH 2009. At WXC: 2000-3J, 2001/2002-1J, 2003-22 short; 2005-23 short In 2009: 6 Doha; 3 Hengelo; 5 Lausanne; 5 Rome Golden League; 6 Kenyan World Trials; 8sf WCH	25y	249d	1983	4:02.70	4:02.10 -07
4,	GALKINA Gulnara RUS (Née Samitova) ... Front-ran to a world record in the 2008 Olympic steeplechase final 800 pb: 2:00.29 -09. 3000 pb: 8:42.96 -08. 5000 pb: 14:33.13 -08. 3000SC pb: 8:58.81 -08 (9:11.09 -9). 1 ECP 3000SC 2003; 7 WCH 5000 2003; 3 WIC 1500 2004; 6 OLY 5000 2004; 1 ECP 3000 2007; 1 OLY 3000SC 2008 (12 5000); 1 ETCh 3000 2009; 4 WCH 3000SC 2009 (2007-7) 1 Russian 3000SC 2003/2008 & XC 2008. At EXC: 2008-12. Married 400m runner Anton Galkin on October 30, 2004; took career break in 2005/2006 ... coach-Gennadiy Suvorov (Russian national long distance coach) In 2009: 4 "Almond Blossom" Lisbon XC; 1 Sochi 800/1500; 1 Russia Challenge 1500; 10 Ostrava 800; 1 ETCh 3000; 1 Moscow City Champs 3000SC; 1 Rome Golden League; 1 Athens 3000SC; 4 WCH 3000SC	31y	50d	1978	4:02.34	4:01.29 -04
5,	WILLARD Anna USA 2008 Olympic Steeplechase finalist ... big improvement at middle distances in 2009 (from 2:02.72/4:06.26 to 1:58.80/4:01.44) 3000SC pb: 9:22.76 -08 (9:26.85 -09). 800 pb: 1:58.80 -09. 1 North, Central American & Caribbean under-23 3000SC 2006; ht WCH 3000SC 2007; 10 OLY 3000SC 2008; 6 WCH 1500 2009. 1 NCAA 3000SC 2007; 1 US 3000SC 2008. Graduate of Sports Management from the University of Michigan ... has a passion for cooking, she says her favourite dish is Gnocchi (Italian dumplings) ... coach-Terence Mahon (same as marathoner Deena Kastor), she's based at Mammoth Lakes, California (7200 ft altitude) In 2009: 1 US indoor 1500; 1 Boston Mile; 1 Stanford 1500; 1 Carson 3000SC; 1 New York 800; 4 Eugene 1500; 2 US Champs 3000SC (3 1500); 1 Paris Golden League 800; 1 London 1500; 4 Monaco 1500; 6 WCH 1500	25y	149d	1984	4:01.44	4:01.44 -09
6,	ALMINOVA Anna RUS 2009 European Indoor Champion at 1500m ... 2004 World junior silver at 1500m 1500 pb: 4:01.44 -09. 800 pb: 1:59.90 -08. 3000 pb: 8:56.96 -08. 5 World Youth 800 2003; 2 WJC 1500 2004; 8 EIC 1500 2005; 4 ECP 1500 2008; 11 OLY 1500 2008; 1 EIC 1500 2009 (6 3000); 1 ETCh 1500 2009; sf WCH 1500 2009. 1 Russian 1500 2009. In June 2008 paced the Oslo world 5000m record of Tirunesh Dibaba ... married Russian pole vaulter Viktor Chistyakov in November 2008 In 2009: 1 EIC 1500 (6 3000); 1 European Clubs Cup 3000; 2 Hengelo 1500; 3 Eugene 1500; 1 Moscow "Kremlin Mile" Mile; 1 ETCh 1500; 1 Russian 1500; 10sf WCH 1500	24y	223d	1985	3:58.41	3:58.41 -09
7,	WURTH-THOMAS Christin USA 2008 US Indoor Champion at 1500m ... 800 pb: 1:59.35 -09. 5000 pb: 15:28.04 -08 (15:34.17 -09). ht WIC 1500 2008; ht OLY 1500 2008; 5 WCH 1500 2009 (2005-ht). At WXC: 2004-43 short. 3 NCAA 1500 2003. Lives-Springdale, Arkansas ... coach-Lance Harter In 2009: 2 Mt. SAC Relays 5000; 2 Carson 800; 1 New York 1500; 5 Eugene 1500; 2 US Champs 1500; 4 Madrid 800; 3 Lausanne 1500; 2 Rome Golden League 1500; 7 Monaco 800; 1 Stockholm 1500; 5 WCH 1500	29y	47d	1980	3:59.98	3:59.98 -09
8,	LAGAT Nancy Jebet KEN No international wins in 2008, then she took the Olympic 1500m tile with personal bests in heat & final 800 pb: 2:01.26 -00. ht COM 800 98; 1 WJC 800 2000 (96-3, 98-2). 1 African Junior 800 95/97. 1 African Champs 2004; 1 OLY 2008 (2004-sf); sf WCH 2009 (2005-ht). At WXC: 99-38 short, 2005-8 short ... cousin is Athens 10,000m runner Alice Timbilil ... husband Kenneth father-Joseph was a distance runner ... Cheruiyot won 2000 Rotterdam marathon in 2:08:22, their sons Keith (7 on August 22, 2009) & Klein (3) ... coach-Claudio Berradeli (she trains with Janeth Jepkosgei) In 2009: 8 Doha; 11 Hengelo; 8 Eugene; 3 Russia Challenge; 7sf WCH	28y	6d	1981	4:05.05	4:00.23 -08
9,	ROWBURY Shannon USA 2009 World bronze ... 800 pb: 2:00.94 -09. Mile pb: 4:20.34 -08. 7 OLY 1500 2008; 3 WCH 1500 2009. 1 US 1500 & indoor 3000 2008. 1 NCAA indoor mile 2007. Former ballet and irish dancer, she placed seventh in a nationwide dancing contest at age 12 ... based-San Francisco ... coach-John Cook In 2009: 2 Carlsbad 5K; 1 Berkeley 5000; 1 US road mile Mile; 6 Eugene 1500; 1 US Champs 1500; 8 Paris Golden League 800 (pb 2:00.94); 2 London 1500; 2 Stockholm 1500; 3 WCH 1500	24y	342d	1984	4:03.92	4:00.33 -08

- 10, DOBRISKEY Lisa** GBR **25y** 248d 1983 **4:02.28** **4:00.64 -08**
 So near (0.01) to World 1500m gold in 2009 once the Spaniard Nuria Fernández had been disqualified for pushing ... 2006 Commonwealth Champion at 1500m
 3000 pb: 8:54.12 -07. 800 pb: 2:02.90 -04 (2:07.73 -09). ht World Youth 800 99; 4 WJC 1500 2002; 2 under-23 ECH 1500 2003; 5 WSG 1500 2005; 1 COM 1500 2006; 7 ECP 1500 2006; ht ECH 1500 2006; 5 EIC 3000 2007; sf WCH 1500 2007 (lost shoe); 4 OLY 1500 2008. At WXC: 2002-68J. At EXC: 2001-36J, 2002-12J. 1 English Schools 800 98/99 & 1500 2001. 1 AAA indoor 3000 2006. 1 UK indoor 3000 2007 & outdoor 1500 2008. Studied English at Loughborough University ... younger sister Sarah was third in 2002 English Schools Hammer Throw ... born-Ashford, lives-Loughborough with fiancé Ricky Soos ... coach-George Gandy
 In 2009: 4 Stretford BMC 800; 2 Loughborough "International" 3000; 15 Hengelo 1500; 1 Lucerne 1500; 3 London; 5 Monaco 1500; 2 WCH 1500
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- 11, JAMAL Maryam** BRN **24y** 345d 1984 **3:56.55** **3:56.18 -06**
 Twice World 1500m Champion
 TRANSFEREE – originally known as Zenebech Tola ETH, she moved to Lausanne in 2002 and had been seeking Swiss citizenship but could not travel outside the country while waiting for that so opted for Bahrain
 800 pb: 1:57.80 -08 (1:59.98 -09). 3000 pb: 8:28.87 -05. 5000 pb: 14:51.68 -05. Half Mar pb: 71:43 -04. 1 WCP 1500 2006; 1 Asian Games 800/1500 2006; 1 WCH 1500 2007/2009 (2005-5); 2 WIC 1500 2008 (2006-3); 5 OLY 1500 2008; 1 Asian XC 2009. At WXC: 2005-33 short, 2006-37 short, 2009-9 ... husband/coach Mnashu Taye has also transferred from Ethiopian to Bahrain and is now named Tareq Yaqoob, he also coaches the 2009 World Men's 1500m Champion Youssef Saad Kamel
 In 2009: 1 Birmingham indoor 1500; 1 Asian XC; 9 WXC; 1 Hengelo 800; 2 Eugene 2000; 2 Lausanne 1500; 1 Rome Golden League 1500; 1 Athens 1500; 1 Monaco 1500; 1 WCH 1500
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- 12, SIMPSON Jemma** GBR **25y** 199d 1984 **4:12.88** **4:10.08 -07**
 PACEMAKER 1 – 62.5 to 400m, 2:05.0 to 800m
 2003 European Junior bronze ... 2005 European under-23 silver
 800 pb: 1:59.07 -09. 1 Commonwealth Youth 800 2000; 8 World Youth 800 2001; 4 WJC 800 2002; 3 EJC 800 2003; 2 under-23 ECH 800 2005; 6 COM 800 2006; sf ECH 800 2006; sf WCH 800 2007/2009; ht WIC 1500 2008; ht OLY 800 2008. 1 UK 800 2007/2009 & indoor 1500 2008. in 2005 she appeared as an extra in the film "The Da Vinci Code" and while in Australia in 2006 also appeared in a cafe scene in an episode of the TV soap opera "Neighbours" ... born-Plymouth ... coach-Mark Rowland (she's spent four months in Eugene in 2009 training with him there)
 In 2009: 1 Tempe 1500; 1 Eugene 1500 (May 9); 2 Carson 800; 1 Beaverton 800; 3 Eugene 800 (Jun 7); 7 Ostrava 800; 2 Madrid 800; 1 UK Champs 800; 1 London 800; 4 Monaco; 5sf WCH 800
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- 13, YEVDOKIMOVA Natalya** RUS **31y** 164d 1978 **3:59.66** **3:57.73 -05**
 PACEMAKER 2 – 62.5 to 400m, 2:05.0 to 800m
 Led 2004 Olympic 1500m final for 1440m; wound up fourth
 800 pb: 1:58.75 -03 (2:01.35 -09). 5 EJC 800 95 (97-6); 8 WJC 800 96; 1 EJC 97; sf WCH 2003; 4 OLY 2004; 5 EIC 2009. At EXC: 97-42J. Former European Junior Champion, for Ukraine ... transferred to Russia in 1998 ... Coach-Viktor Morozov
 In 2009: 6 EIC; dnf Belgrade; 2 Sochi (4 800); 2 Warsaw; 2 Russian; 8 WCH 1500